

## Study Comparing Transgender Youth Life Experiences and Access to Care in the United States and the Netherlands

**Participants Needed:** Transgender and Gender Nonbinary Youth and their Parents/Caregivers

### What are the goals of this study?

Children's National Hospital (Washington DC) and VU University Medical Center (Amsterdam, the Netherlands) are studying transgender youth life and care experiences in the United States as compared to the Netherlands (a country in Europe). The aim of this research is to understand which gender-related policies and practices most influence the wellbeing of transgender youth in each country. The study is funded by the Robert Wood Johnson Foundation Evidence for Action Program. The United States part of the study is led by Principal Investigator, John Strang (he/him, they/them), PsyD, Research Director for the Gender Development Program.

### Who can be part of this research study?

Transgender and gender nonbinary youth age 11-16 who live in the United States. (The young people participating from the Netherlands are being recruited with a separate announcement in Dutch).



### What will participants be asked to do?

The study is conducted entirely online and will include three short study sessions over one year. The total participation time across the three sessions is about three hours. The young people will complete questionnaires about their experiences. Parents/caregivers will also complete questionnaires about their child's experiences.

### What are the benefits of taking part in this research study?

Families will receive a total of \$200 for their time. The results of this study may provide information about: (1) which policies and practices in the Netherlands and the United States are most helpful for transgender youth, as well as (2) policies and practices that may be improved.

### I'm interested! How do I participate?

If you have questions or would like to join the research study, please contact:

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